

## Registration Fee (early bird) and Hotel Booking

Fee for ACHP 2016	Fee for ACHP 2016 + ICP 2016
¥10,000 General	¥50,000 General
¥5,000 Student	¥16,000 Student

※Online registration and hotel booking will open on July 1, 2015.  
※Early bird registration deadline is on December 1, 2015.

## Venue Access

### By air

**From NARITA Airport:**  
approx. 120 min. by Airport  
Limousine Bus  
approx. 100 min. by Train  
(JR Narita Express)

**From HANEDA Airport:**  
approx. 40 min. by Airport  
Limousine Bus  
approx. 30 min. by Train  
(Keikyu Express) and  
7 min. by Taxi

### By trains

To Minato Mirai Station:  
30 minutes from Tokyo Station  
or Shibuya;  
32 minutes from Shinjuku

### By Shinkansen

From Shin Yokohama  
Station (Shinkansen) :  
13 minutes by train or  
30 minutes by car

### By car

3 minutes from Minato  
Mirai Ramp (Metropolitan  
Expressway Yokohane  
Route)



**PACIFICO Yokohama**  
<http://www.pacifico.co.jp/english/index.html>

## Asian Society of Health Psychology (ASHP)

President : Kyo-Heon Kim, Ph.D. (Korea)  
Past President : Yin-Chang Wu, Ph.D. (Taiwan)

## Organizing Committee of ACHP 2016:

President : Kyoko Noguchi, Ph.D.  
Vice President : Koji Tanaka, Ph.D.  
Secretary General : Koji Takenaka, Ed.D., Ph.D.  
Vice Secretary General : Taichi Kishi, Ph.D.  
Chair of Scientific Program : Tomoko Tanaka, Ph.D.  
Chair of Publicity : Akira Tsuda, Ph.D.



### Congress Office

The Japanese Association of Health Psychology  
Academic Center  
358-5 Yamabuki-cho, Shinjuku-ku, Tokyo 162-0801 Japan  
E-Mail : [jahp-post@bunken.co.jp](mailto:jahp-post@bunken.co.jp) <http://jahp.wdc-jp.com/>

Congress Theme:

**Health Research & Practice  
from Asia**



<http://jahp.wdc-jp.com/>

Hosted by the Asian Society of Health Psychology (ASHP)  
Organized by the Japanese Association of Health Psychology (JAHP)  
Jointed by the 31st International Congress of Psychology (ICP 2016)

## Message from the Congress President



**Kyoko Noguchi, Ph.D.**

Dear Colleagues,

On behalf of the Organizing Committee, I am pleased to announce that the 6th Asian Congress of Health Psychology (ACHP 2016) will be held in PACIFICO Yokohama, Japan, from July 23 to 24, 2016. ACHP 2016 is a continuation in the series of the conferences among the Asian members in the field of health psychology. Its main missions are to promote the science and practice of Health Psychology and to facilitate interaction and communication about Health Psychology in Asia.

The Congress theme, "Health Research and Practice from Asia" expresses our hope that the Asian Society of Health Psychology will develop further, send out research and practice findings from Asia to diverse directions, and establish one of a hub foothold in the field of Health Psychology.

Toward our health and happiness, the ACHP 2016 will focus on both research and practice, and will reflect this to the Keynote lecture, Symposium, Roundtable and Poster session.

Fortunately, ACHP 2016 will be held followed by ICP 2016 (July24-29) at the same place, we are planning "ACHP-ICP joint programs" inviting health psychologists from EHPS and APA who have supported the development of health psychology in Asia.

Yokohama is a really attractive venue surrounded by many historic and modern sites. I look forward to this Congress in Yokohama as an opportunity to learn about exciting developments in Health Psychology, research findings as well as applied work in the area of health Psychology.

Look forward to welcoming you in Yokohama, Japan.

June 1, 2014

Kyoko Noguchi, Ph.D.

President of the 6th ACHP

## ACHP 2016 Keynote Lecturers



**Annette L. Stanton, Ph.D.**

Professor of Psychology & Psychiatry/Biobehavioral Sciences Department of Psychology, UCLA, USA

Topic: Health Intervention "How and for Whom? Integrating Theory, Research, and Practice in Developing Effective Health Psychology Interventions"



**Robert Donovan, Ph.D.**

Professor of Behavioral Research Faculty of Health Sciences, Curtin University, Australia

Topic: Mental Health Promotion "Act-Belong-Commit: Lifestyle Medicine for Keeping Mentally Healthy"



**Buxin Han, Ph.D.**

Professor of Institute of Psychology Chinese Academy of Sciences, China

Topic: Culture inclusive application of health psychology - Asian perspectives

## ACHP 2016 Planned Schedule

### July 23

- 10:00 - 10:30 Opening Ceremony
- 10:40 - 11:40 Keynote Lecture A
- 11:40 - 13:00 Asian Health Practices and Cultures Lunch
- 13:00 - 14:00 Keynote Lecture B
- 14:10 - 16:00 Symposium A
- 16:10 - 18:00 Symposium B
- 18:00 - 19:30 Welcome Reception
- 19:30 - 20:00 Business Meeting

### July 24

- 9:00 - 10:00 Keynote Lecture C
- 10:10 - 12:00 Symposium C
- 12:00 - 13:20 Asian Health Practices and Cultures Lunch
- 13:20 - 14:20 Poster Presentation
- 14:30 - 15:00 Closing Ceremony

### July 25-26

ACHP 2016-ICP 2016 Joint Programs

## Important Dates for ACHP 2016

July 1	2015	Opening for all abstract submissions and congress registrations	
December 1	2015	Deadline for abstract submissions	
July 23	2016	The 6th ACHP	
July 24	2016	The 6th ACHP	The 31st ICP opening ceremony
July 25-29	2016	The 31st ICP	

## Health Researches and Practices Symposia

(Topics being planned)

- \*The Recipe for Longevity: To Live through Golden Age
- \*The Strengths and Advantages of Health Psychology in APA, EHPS and ASHP
- \*Safety Measures for Addiction: From the Perspective of Health Psychology
- \*Health Behavior Change Interventions
- \*Healthy Lifestyle as Medicine
- \*The Major Concepts of Health Psychology Used in Other Fields

## Asian Health Practices and Cultures

